Tok Pisin

Klia gut long ol AOD hevi insait long Australia (Pat 2)

Ol narapela drag





Long stat, mi laik givim luksave long ol Papagraun bilong graun we yumi bung antap long en tude. Mi laik givim rispek tu i go long ol Elda bilong taim bipo na nau.

Mi givim luksave long Kantri.

Ol lain husat i bin ekspiriensim dispela hevi - wanpela hevi bilong bel na tingting

Mi gat 40 krismas nau, na mi bin yusim ol drag wanwan taim, taim mi stap long hai skul yet. Mi bin kuries na mi laik save hau mi bai pilim, tasol mi paul - bikos mi no save wanem kain samting mi wok long kisim long dispela taim. Long dispela taim, mi bin muv go long wanpela nupela hap. Mi no inap long tok English na mi no gat famili i stap klostu. Planti taim mi stap mi yet long haus, no gat lain i stap wantaim mi.

Skul em i bin hat. Ol narapela sumatin i bin buli long mi olgeta taim na ol i tritim mi olsem mi no wankain olsem ol, bikos long ples bilong mi. Ol narapela pikinini em planti bilong ol em ol Caucasian o wait skin pikinini, na mi pilim olsem mi no pat bilong grup bilong ol. Pasin bilong ol long hat bel bilong mi, em olsem, ol i no toktok tasol long hau mi luk o hau mi toktok – ol i wok long bagarapim tingting bilong mi long mi husat tru. Mi painim hat long tokaut long wanem samting mi wok long ekspiriensim, na maski mi tokaut, no gat lain i harim mi. Mi no inap long toktok long mama bilong mi tu. Em i save wok longpela aua, na em i wok long traim long sapotim mi na salim mani i go bek long ol famili bilong mipela long ovasis. Mi no laik long edim moa stres long em. Mi pilim olsem mi wanpela hevi.

Olsem na, mi save pilim gut taim mi ken - na dispela em wantaim rong grup. Dispela grup i bin ekspiriensim wankain samting olsem mi: Ol narapela lain i bin bulim ol, rijektim ol, na tagetim ol bikos long reis bilong ol. Taim mi stap wantaim ol, mi pilim olsem mi no stap wanpis. Mipela olgeta i traim long savaiv tasol.
Tasol dispela pasin bilong savaiv em i gat nogut bilong em.

Pasin bilong yusim drag i kamap olsem wanpela we bilong hendelim hevi, long eskeipim sem pasin olsem mi wok long feil long skul, na eskeipim pasin bilong stap long trabel, na eskeipim sem mi pilim bikos mi no kamap pikinini man we mi ting mi mas kamap. Nau mi lukluk i go bek, mi lukim wanpela boi husat i paul, no gat lain i andastendim em, na em i wok long painim ol pren.
(*wanpela pesenel stori bilong wanpela maigren man*)

Kwesten

AOD em wanem samting?



AOD em i makim
Alcohol and **Other Drugs**

Pasin bilong yusim AOD em i ken kamapim bagarap long bodi sapos em i kamapim sampela senis long wanpela man o meri long sait bilong:

- Helt
- Rilesensip wantaim pren na famili
- Ol rilesensip wantaim ol narapela manmeri na pilim olsem ol narapela manmeri i laikim yu
- Luksave, tokaut na menejim ol imosen
- Wok o stadi

Wanem samting em ol drag?

Ol drag em ol samting we i save senisim hau bodi o brein bilong yumi i wok

Ol drag em ol manmeri i ken yusim long medikel o non-medikel wok

I gat ol ligel drag we lo i tok orait long en (kain olsem ol marasin long famasi) na ol ilisit drag we lo i tok tambu long en





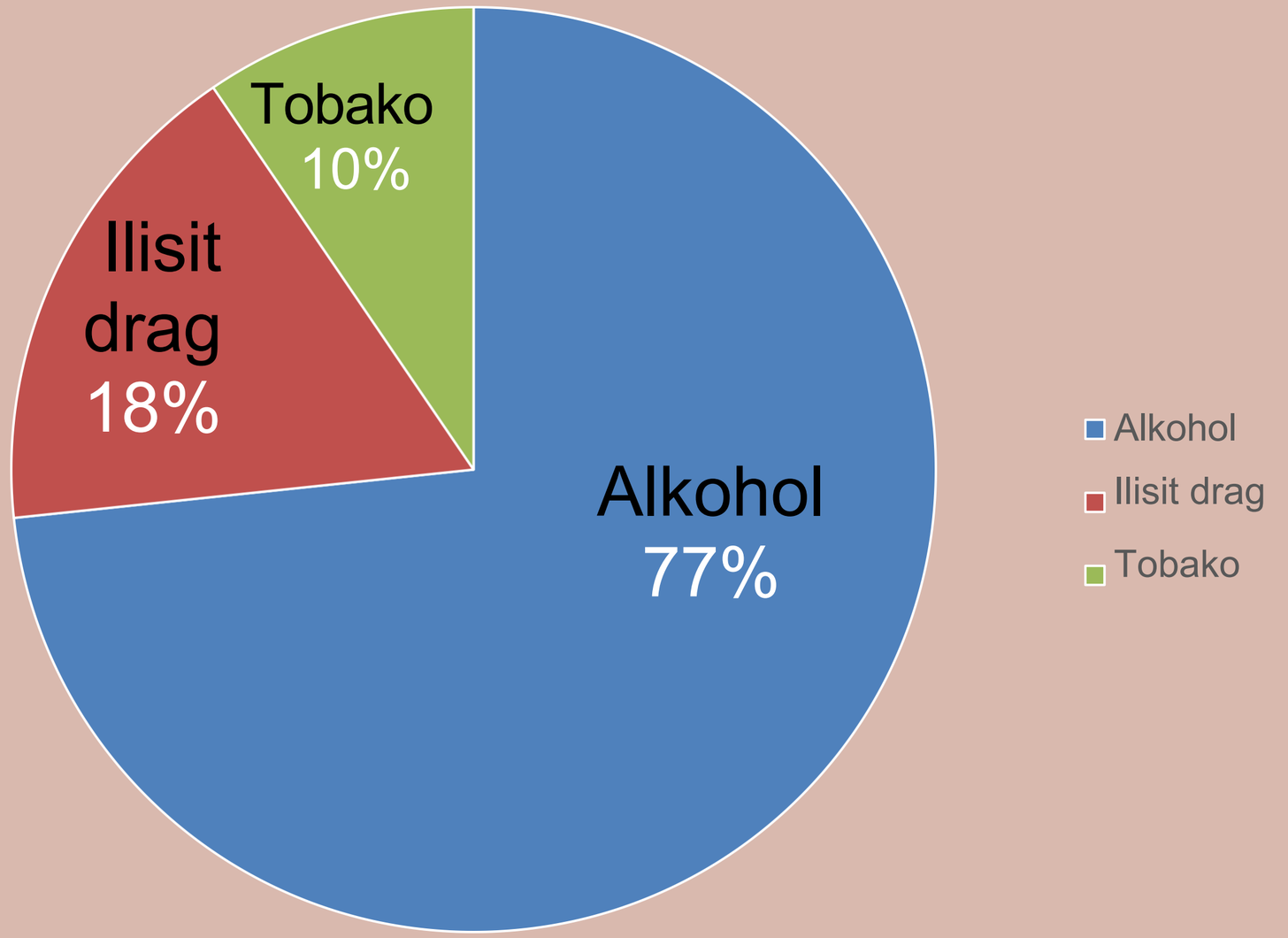
Ol bikpela drag insait long Australia

- Alkohol (infomesen i stap insait long wanpela narapela presentesen)
- Tobako
- Kanabis (mariwana)
- Metamfetamin na ol narapela stimulen
- Non-medikel yus bilong ol drag long famasi
- Ol opioid wantaim heroin
- Ol nupela saikoektiv sabstens



Ples we infomesen i kam long en: National Drug Strategy 2017-2026

Mak bilong alkohol, tobako na ilisit drag yus insait long Australia (Krismas 14+)



Ples we infomesen i kam long en: National Drug Strategy Household Survey 2022-23 (Australia Institute of Health and Welfare (AIHW)

Diferens namel long ol drag na ol marasin

- Long English, “**drugs**” em i wanpela bikpela jenerel wod we i inkludim ol marasin.
- Sapos ol marasin em ol manmeri i no yusim long we ol i sapos long yusim, orait ol i kamap olsem ol **ilisit drag** – eksampel, misyusim ol priskripsen pen marasin



Ples we infomesen i kam long en: National Drug Strategy 2017-2026

Diferens namel long ol ligel drag na ilisit drag

Ligal drag – em dispela amaunt bilong ektiv ingridien we ol i ken reguletim na kontrolim, eksampel, alkohol kontent insait long ol dring o nikotin insait long ol sigaret





Ol ilisit drag em lo i tok tambu long ol. Kwantiti na amaunt bilong ol ektiv ingridien em i no wankain olgeta taim, kain olsem metamfetamin, heroin na kokein



Sapos ol marasin em ol manmeri i no yusim long medikel pepos bilong ol, orait ol i kamap **ilisit drag**. Eksampel: taim ol manmeri i kisim ol pen marasin maski ol i no pilim pen, dispela em i ken kamapim bagarap long bodi



Ol ples we infomesen i kam long en: www.adf.org.au/talking-about-drugs/law; www.health.gov.au/topics/drugs

Ol ligel drag na ol ilisit drag

Ol ligel drag
i gat sampela ristriksen



Alkohol



Tobako



Ova-da-kaunta marasin na marasin we dokta i priskraibim

Ol ilisit drag
i gat ol ristriksen



Ol iligel drag



Ol marasin we dokta i bin priskraibim tasol ol manmeri i brukim lo na kisim o yusim long ol non-medikel pepos



Ol sabstens we i no stret, kain olsem smelim glu, petrol, peint - em ol i save kolim tu olsem “chroming” o “huffing” long tok English

Ol ples we infomesen i kam long en: www.health.gov.au/topics/drugs/about-drugs/what-are-drugs; www.healthdirect.gov.au/sniffing-inhalants



Wanem pesentej bilong ol manmeri long Australia i bin yusim wanpela ilisit drag insait long laiptaim bilong ol?

Ansa

A 17%

C 27%

B 37%

D 47%

Korek Ansa

D

47%



Ples we infomesen i kam long en: www.aihw.gov.au/reports/illicit-use-of-drugs/national-drug-strategy-household-survey/contents/about

Ilisit drag yus long Queensland

Long 2022-2023:

- **18.7%** bilong ol bikpela manmeri long Queensland i bin yusim wanpela ilisit drag long 12-pela mun
- **20.8%** bilong ol Queensland sumatin we krismas bilong ol i stap namel long 12 i go long 17 i bin yusim wanpela ilisit drag wanpela taim insait long 12-pela mun
- **Kanabis** em i nambawan drag we planti bikpela manmeri na sumatin wantaim i bin yusim

Ples we infomesen i kam long en: www.choreport.health.qld.gov.au/our-lifestyle/illicit-drugs

Ol Iligel drag long Queensland

Lo i tambu long holim, saplaim, trefikim, o produsim ol ilegel drag insait long Queensland, kain olsem:

- Heroin
- Kokein
- Ampetamin
- Metafetamin (met)
- MDMA (ekstasi)
- Kanabis (mariwana) - we i no gat priskripsen bilong em
- GHB (gama-haidroksibutireit)

Sampela drag i gat bikpela mekim save o penalti moa long ol narapela drag



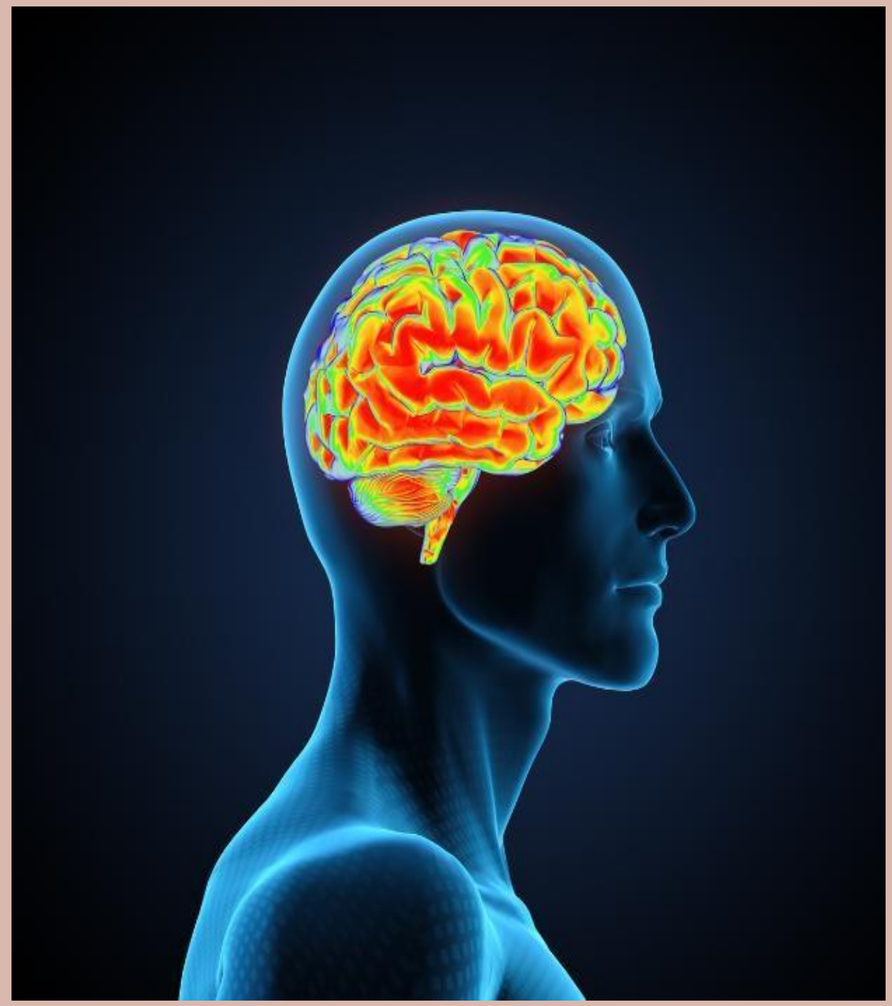
Wanpela list bilong ol iligel drag insait long Queensland em yupela i ken kisim long: www.legalaid.qld.gov.au/Find-legal-information/Criminal-justice/Offences/Drugs-and-breaking-the-law

Ol ples we infomesen i kam long en: www.afp.gov.au/crimes/drug-crime ; www.qld.gov.au/law/crime-and-police/types-of-crime/drug-offences

Ol komon iligel drag - stimulen drag

Wanem em ol stimulen drag?

Ol stimulen drag em wanpela grup drag we i save **apim mak bilong ektiviti insait long brein** na i ken mekim yu pilim ai i op, i gat eneji, na pilim konfiden



Ol komon stimulen drag

- Metafetamin (met)
- Kokein
- MDMA (ekstasi)

Ol ifek

- Ol liklik amaunt: mekim man i toktok planti, pilim belhat, i no laik long kaikai, pilim amamas tru
- Ol bikpela amaunt: mekim man i tingting planti na pret, kros nating nating, bel i pen, bodi i seksek, pilim traut, bodi tempritsa i go antap, het i pen, sik guria, ai i raun na i no kirap hariap, dai

Ol ples we infomesen i kam long en: www.healthdirect.gov.au/stimulant-drugs; https://adf.org.au/drug-facts/stimulants/; https://adis.health.qld.gov.au/information/drug-types

Metafetamin (met): stimulen

Metafetamin em i wanpelal stimulen we ol i bin wokim insait long leboretri na em i wanpela taip bilong emfetamin.

I gat tripela mein fom:

- Ol kristel (ais, kristel met)
- Peist (beis, wet)
- Pauda (spit)

Ol narapela nem em kain olsem:

- Ice
- Crystal meth
- Glass
- Speed
- Base

Pasin bilong serim samting bilong injektim drag em i save inkrisim risk bilong HIV, hepataites B na hepataites C. Parin bilong yusim sterail ikwipmen i ken daunim risk bilong dispela ol sik long spred.





Hau ol i save yusim: Injektim, smokim, daunim, pulim i go insait long nus

Ol ples we infomesen i kam long en: www.adf.org.au/drug-facts/amphetamines; https://adf.org.au/drug-facts/ice/;
www.qld.gov.au/health/services/specialists/deafness-and-mental-health-services/health-topics/ice-methamphetamine

Kokein: stimulen

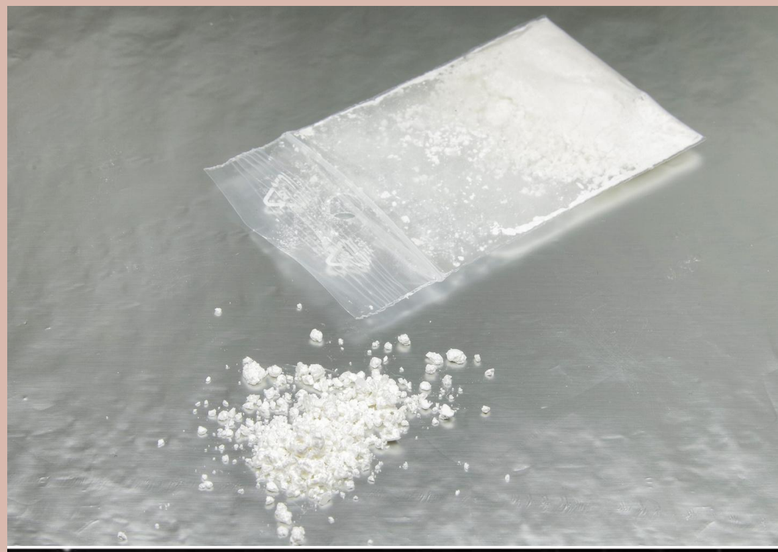
Kokein em ol i wokim long ol plent.

Fom: Pauda

Ol narapela nem em kain olsem:

- Coke
- Blow
- Charlie
- Snow
- Toot
- C
- White lady
- White dusty

Pasin bilong serim samting bilong injektim drag em i save inkrisim risk bilong HIV, hepataites B na hepataites C. Parin bilong yusim sterail ikwipmen i ken daunim risk bilong dispela ol sik long spred.





Hau ol i save yusim: Injektim, pulim i go insait long nus, o smokim

Ples we infomesen i kam long en: https://adf.org.au/drug-facts/cocaine/; https://www.healthdirect.gov.au/cocaine

MDMA (ekstesi): stimulen

MDMA em i wanpela stimulen drag we ol i wokim insait long wanpela leboretri na em i gat halusejenik (saikedelik) ifek - em i ken senisim tingting na mud.

Ol fom: ol pil, pauda, kristel

Ol narapela nem em kain olsem:

- Ecstasy
- Caps
- E
- Eckies
- Bikkies
- Pills
- Flippers
- Molly
- M&M

Pasin bilong serim samting bilong injektim drag em i save inkrisim risk bilong HIV, hepataites B na hepataites C. Parin bilong yusim sterail ikwipmen i ken daunim risk bilong dispela ol sik long spred.





Hau ol i save yusim: Injektim, daunim, pulim i go insait long nus

Ples we infomesen i kam long en: https://adf.org.au/drug-facts/mdma

Ol komon iligel drag: ol dipresen drag

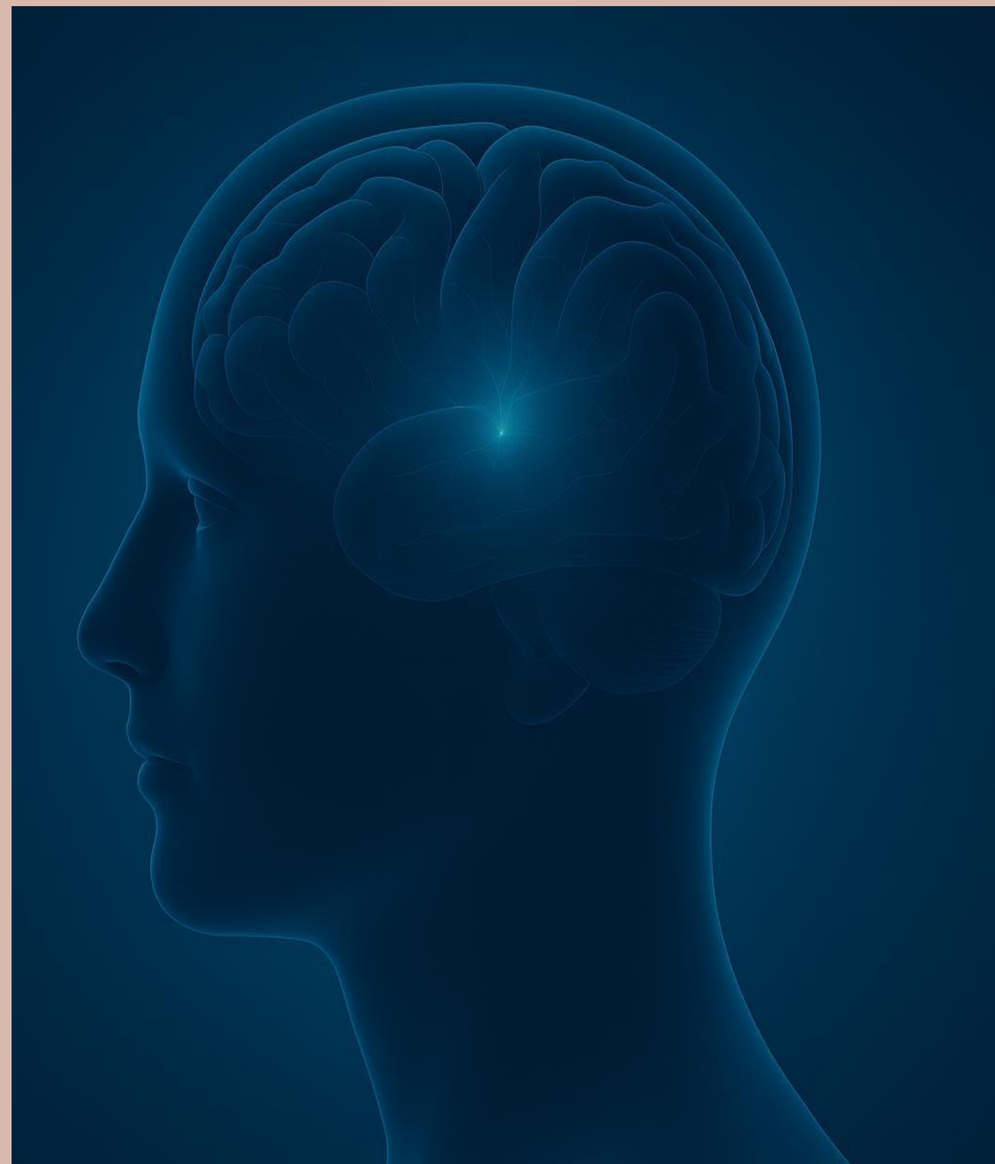
Wanem em ol dipresen drag?
Ol dipresen drag em i wanpela grup drag we i ken slowim daun brein fangsen na daunim mak bilong konsentresen, kodinesen, na rieksen taim.

Ol komon dipresen drag

- Heroin
- GHB
- Kanabis (mariwana)

Ol ifek

- Ol liklik amaunt: mekim man i pilim rileks, stap isi, pilim ai raun
- Ol bikpela amaunt: mekim man i pilim ai slip, traut, ai i raun, na dai



Ol ples we infomesen i kam long en: https://adf.org.au/drug-facts/depressants/; https://adis.health.qld.gov.au/information/drug-types;

Heroin: dipresen

Heroin em i wanpela opioid we ol i wokim long wanpela plent na nem bilong dispela plent em opium popi.

Ol fom: Pauda, ol liklik grein, liklik ston

Ol narapela nem em kain olsem:

- Smack
- Gear
- Hammer
- The dragon
- Opium
- Junk
- Dope

Pasin bilong serim samting bilong injektim drag em i save inkrisim risk bilong HIV, hepataites B na hepataites C. Yusim sterail samting i ken daunim risk bilong dispela ol sik long spred.

Hau ol i save yusim: Injektim o smokim





Ples we infomesen i kam long en: https://adf.org.au/drug-facts/heroin; https://www.healthdirect.gov.au/heroin

GHB: dipresen

GHB (Gamma-hydroxybutyrate) em i wanpea iligel pati drag we ol i wokim long leboretri, na ol i save kolim tu olsem ‘date rape' drag.

Ol fom: Wara wara na i no gat kala bilong en, pauda o kristel

Ol narapela nem kain olsem:

- Fantasy
- G
- GBH
- liquid E
- liquid X
- Juice
- Liquid ecstasy

Pasin bilong serim samting bilong injektim drag em i save inkrisim risk bilong HIV, hepataites B na hepataites C. Yusim sterail samting i ken daunim risk bilong dispela ol sik long spred.





Hau ol i save yusim: Injektim, daunim o putim i go insait long as. GHB i save mekim ol manmeri i pilim konfiden na pilim olsem ol i hiro. Na tu em i ken mekim ol i pilim ai slip, paul, pilim ai raun, paul long wanem samting i wok long kamap, ai i raun

Ol ples we infomesen i kam long en: www.healthdirect.gov.au/ghb; www.adf.org.au/drug-facts/ghb/

Kanabis (mariwana): dipresen, stimulen na halusinojen

Kanabis em ol i wokim long ol plent na em i wanpela dipresen drag we i save daunim ektiviti insait long brein.

Ol narapela nem (i gat moa long 200-pela) em kain olsem:

- Mariwana
- Pot
- Weed
- Hash
- Dope
- Yarndi
- 420
- Mary Jane

Hau ol i save yusim: Smokim, veipim, kaikai (ol i ken putim i go insait long ol kuki, brauni o dring na ol i ken kaikai o dring long kainkain taim insait long wanpela de)





Ples we infomesen i kam long en: www.adf.org.au/drug-facts/cannabis/

Ol pati drag

- Ol i save kolim tu olsem ol klab drag
- Planti taim ol i save yusim long ol pati, musik festivel, konset
- Em i ken inkrisim eneji o mud tasol em i ken inkrisim tu risk bilong bagarap, na dispela em ol kain drag olsem:
  - MDMA (ecstasy)
  - Cocaine
  - Ice (crystal meth)
  - GHB
  - Ketamine
- Ovados i ken kamapim strok, ai i raun na i no kirap hariap o dai



Ples we infomesen i kam long en: www.healthdirect.gov.au/party-drugs

Polidrag

- **Pasin bilong yusim tupela o moa long tupela drag** wantaim, o yusim **wanpela bihain long narapela** (eksampel, alkohol na kokein)
- **Ol narapela nem:**
  - Multiple drug use
  - Multiple substance use
- **Inkrisim risk** bilong ovados, bagarapim bodi na dai



Ples we infomesen i kam long en: https://adf.org.au/reducing-risk/polydrug-use/

Drag tolerens na dipendens

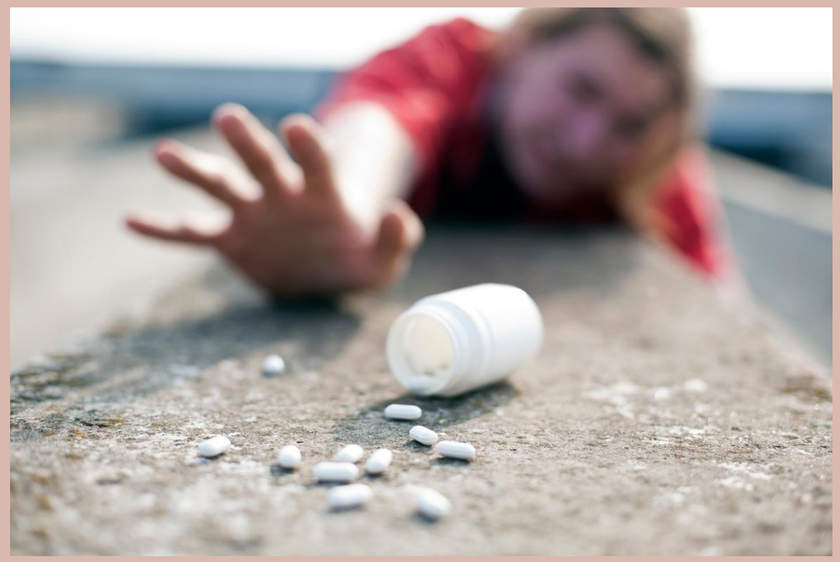
Drag tolerens

- Pasin bilong yusim drag olgeta taim i ken kamapim tolerens
- Nidim moa drag long pilim seim we olgeta taim



Drag dipendens

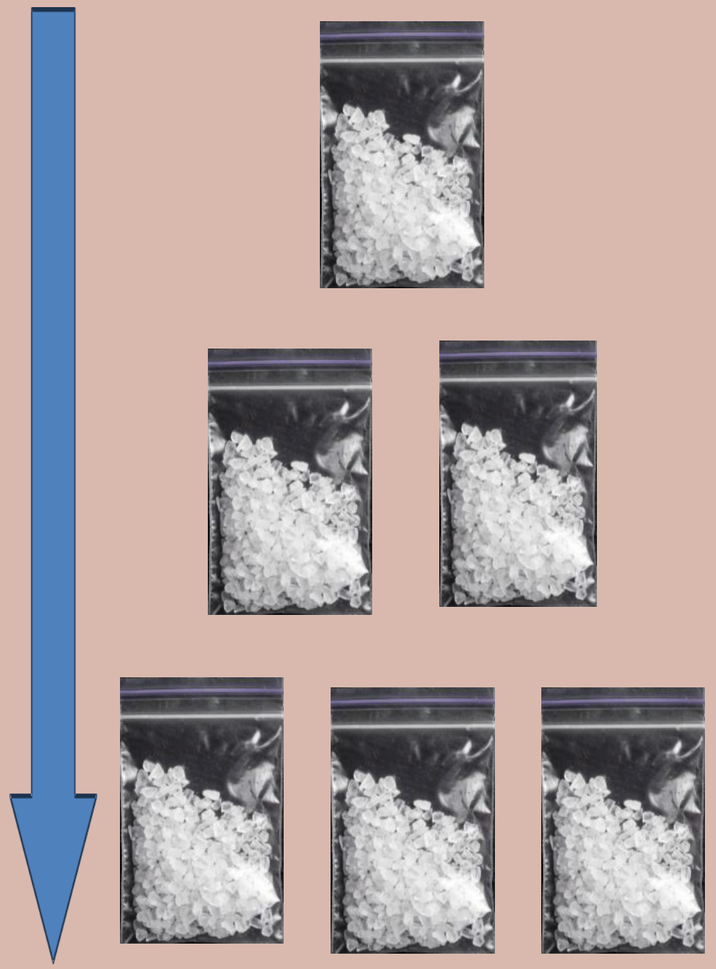
- I no inap long daunim mak o stop long yusim
- Nidim drag long fangsen long nomol we



Ples we infomesen i kam long en: www.healthdirect.gov.au/drug-abuse

Dipendens - tolerens taimlain

Bihain long sampela taim



- Nidim moa drag bihain long sampela taim long kisim wankain ifek
- Kisim bikpela amaunt bilong ol drag bihain long longpela taim

Ples we infomesen i kam long en: https://mayoclinic.org

Drag ovados

Kisim moa drag we bodi i no inap long hendelim

Ringim 000 long wanpela ambulens!

- Ai raun
- Pulim win isi isi/i no nomol we bilong pulim win, o i no pulim win
- Hat bit isi isi o no gat hat bit o pals
- Blupela lips
- Traun, samting i pas long nek o mekim saun olsem samting i pas long nek
- Blakpela pupil bilong ai i go liklik
- Bros i pen
- Sik guria
- Paul na kain olsem.



No ken pret long ringim 000 long
kisim wanpela ambulens taim yu nidim!

Ples we infomesen i kam long en: https://adf.org.au/drug-facts/cannabis/

Drag witdrowel

Ol i save kolim tu olsem ditoks - taim yu stop o kat bek long ol drag

- Em i ken stap sampela de, wik o longpela taim moa
- Ol sain i ken senis senis namel long wanwan manmeri na i dipen long wanwan drag
- Long moa infomesen, lukim https://adf.org.au/reducing-risk/withdrawal/
- Diskasim wanpela seif witdrowel plen wantaim dokta bilong yu o wantaim wanpela drag na alkohol sevis



Ples we infomesen i kam long en: www.qhihn.org

Luksave long pasin i senis

Sampela sain bilong senis long pasin insait long ol yangpela mameri sapos ol i yusim drag:

- Stap longwe long ol pren na famili
- Senisim ol pren o i gat problem wantaim ol pren
- Greid bilong ol long skul i drop o i no go long skul
- Sain olsem ol i wari, pilim dipres, belhat o kros na pait nating
- Ol i borowim moa mani
- Evidens bilong ol drag kit (nidel, laita) o priskripsen drag i lus



Sampela sain olsem ol i bin stat nau tasol long yusim (dipen long drag, sapos em i stimulen o dipresen):

- Pupil bilong ai i bikpela, ai i ret o ai i sain
- Inkris long mak bilong eneji na konfidens
- No gat pasin bilong pilim sem
- No gat kontrol bilong bodi
- Belhat nating nating
- Bodi i seksek, o tanim tanim nating



Ol dispela i ken wankain olsem nomol senis long pasin bilong wanpela tinej pikinini!

Ples we infomesen i kam long en: https://positivechoices.org.au/parents/how-can-i-tell-if-someone-is-using-drugs

Ol ilisit drag we lo i tambuim i ken mekim wanem samting?

Ol ilisit drag i ken kamapim bagarap long:



Kamapim bagarap long helt



Ol infeksenwan taim HIV, Hepataites B, Hepataites C



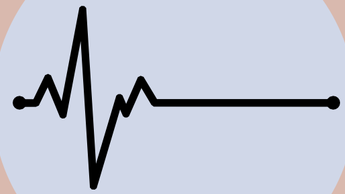
Mentel helt dipresen, pret nating nating, suasaid



Sik we i stap longpela taim



Injeri i kamap long bodi



Dai

Ples we infomesen i kam long en: https://nida.nih.gov/publications/drugs-brains-behavior-science-addiction/addiction-health

Kamapim bagarap long komyuniti na famili

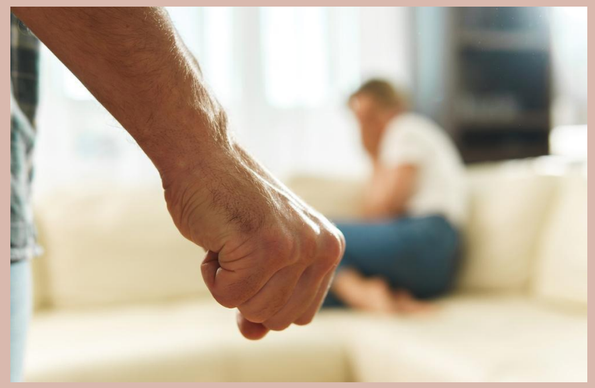
Vailens na ol narapela kraim



Sosel eksklusen na laip i hat



Domestik na famili vailens



Hevi long sait bilong gutpela sindaun bilong famili na pikinini



Infomesen i kam long: National Drug Strategy 2017 -2026

Kamapim bagarap long ikenomi

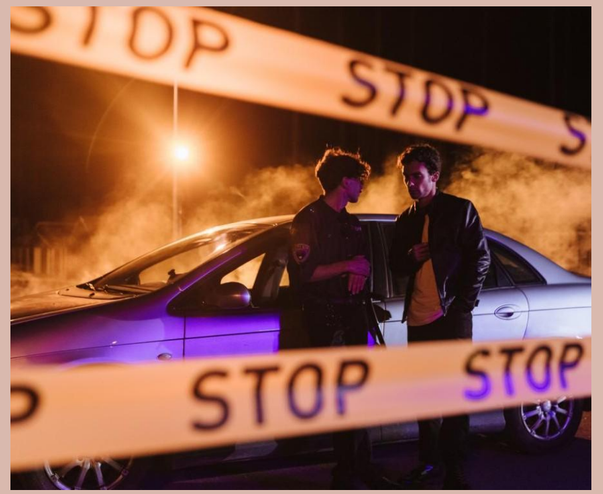
Diman long ol helt sevis



No gat gutpela wok risalt long wokfos



Kost bilong lo enfosmen, ol kot na kalabus



Infomesen i kam long: National Drug Strategy 2017 -2026



Hamaspela dai i kamap insait long Australia long 2024 em i bin bikos long drag yus?

Ansa

A 1,424

C 1,323

B 1,947

D 1,125

Korek ansa

B

1,947

2 insait long 3-pela dai i kamap bikos dai ol manmeri i bin yusim moa long wanpela drag long 2024

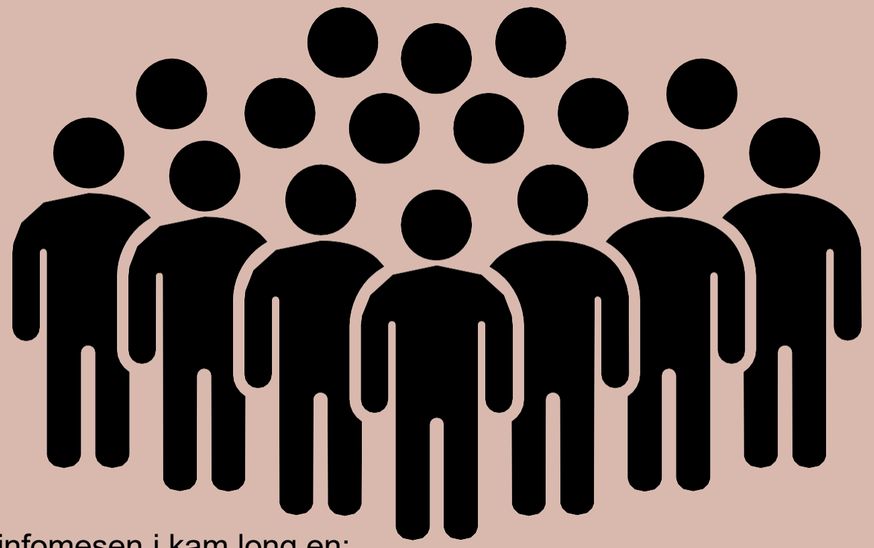


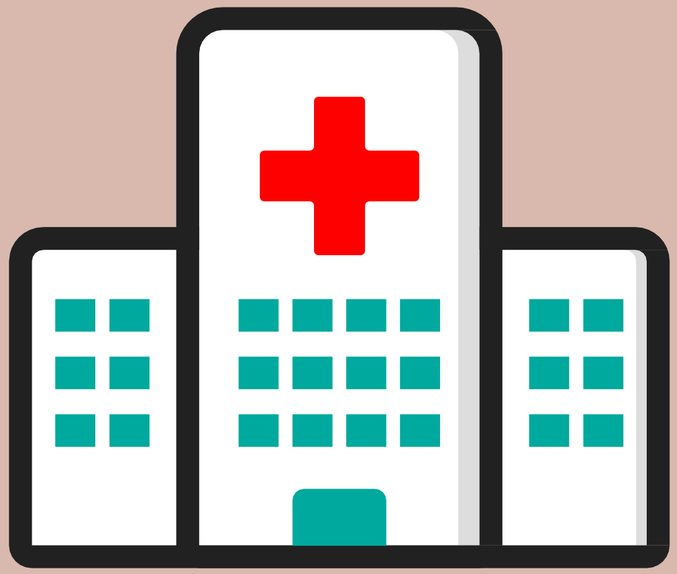
Ol ples we infomesen i kam long en: https://www.aihw.gov.au/reports/illicit-use-of-drugs/illicit-drug-use

Ol infomesen long Australia

Klostu **10.2** milien manmeri (47%) we krismas bilong ol i 14 na antap i bin yusim ilisit drag long sampela taim insait long laip bilong ol

145,759 lain i bin go slip long haus sik bikos long pasin bilong yusim drag long 2023 i go long 2024





Ol ples we infomesen i kam long en:
www.aihw.gov.au/reports/illicit-use-of-drugs/illicit-drug-use; 2022-2023 National Drug Strategy; www.aihw.gov.au/reports/alcohol/alcohol-drugs-hospitalisations

Save gut long lo



Ol drag ofens insait long Queensland

- **Holim i stap**: Maski sapos yu i no bin baim o i no bin yusim dispela drag
- **Saplaim:** Givim, salim, distributim, givim trenspot, tok long givim na redi long givim, distributim, salim na kain olsem.
- **Trefiking**
- **Produsim:** Lukautim, groim, redim, menufeksarim, pekejim, mekim prodaksen
- **Pablisim o holim wanpela resipi i stap:** Long produsim wanpela denjeres drag, wantaim tu pasin bilong daunlodim wanpela resipi bilong kristel met long intanet em i ken mekim yu kalabus long 25-pela yia
- **Holim ol dispela samting:** Yusim long kisim drag o yusim long produsim ol drag
- **Givim pemisen o tok orait long wanpela ples** long ol lain bai yusim long mekim wanpela drag ofens
- **Drag draiving:** Ol test long saliva o spet we i save kamap long sait bilong rot: met, MDMA, kokein, kanabis



Ples we infomesen i kam long en: www.qld.gov.au/law/crime-and-police/types-of-crime/drug-offences

Ol drag draiving penalti

Pasin bilong draiv taim yu gat wanpela bilong ol dispela drag i stap wantaim yu

Sapos salaiva o spet i test positiv long ol drag:

- fain em i mak olsem $2,258
- kain olsem 3-pela mun insait long kalabus
- no inap draiv long 1 i go long 9-pela mun



Draiv taim yu dring lika o kisim wanpela drag

- fain em i mak kainn olsem $4,516
- kain olsem 9-pela mun insait long kalabus
- no inap long draiv long klostu 6-pela mun

Ol bikpela penalti moa em sapos yu mekim drag draiving ofens moa long wanpela taim

Priskripsen na ol narapela drag – no ken draiv bihain long yu kisim priskripsen o ova-da-kaunta marasin we i ken afektim draving bilong yu; bihain long yu kisim iligel drag

Ples we infomesen i kam long en: www.qld.gov.au/transport/safety/road-safety/drink-driving/drugs

Wanem hap long kisim ligel edvais

Yu mas kisim ligel edvais sapos ol i bin sasim yu wanpela wanpela ofens long sait bilong yusim drag:

- **Ligel helpim**: www.legalaid.qld.gov.au; 1300 651 188
- **Ol komyuniti ligel senta**: www.clcq.org.au/; 07 3392 0092
- **Queensland law society**: i ken tokim yu long wanem speselis solisita bilong go long en na kisim edvais na representesen www.qls.com.au/; 1300 367 757
- **Praivet loya**
- **Ol kot:** i ken helpim, tasol ol bai no inap long givim ligel edvais.



24/7 konfidensel fri AOD Sapot

Fon intapreta

Alcohol and Drug Information Services (ADIS)

1800 177 833 www.adis.health.qld.gov.au



9-pela tok ples Kaunseling em long English

Turning Point AOD Counselling Chat Online

www.counsellingonline.org.au

Family Drug Support and Phone Support

1300 368 186 www.fds.org.au

Kisim sapot long



- **Dokta bilong yu**
- **Famili na pren**
- Ol komyuniti lida na lida bilong lotu
- **Ol speselis AOD sevis** (kaunseling, witdrowel menejmen, rihabilitesen, nidel na sirinj progrem na kain olsem.), eksampel:
  - Queensland Injector's Health Network (QuIHN) www.quihn.org; 1800 172 076
  - Lives Lived Well www.liveslivedwell.org.au;1300 727 957

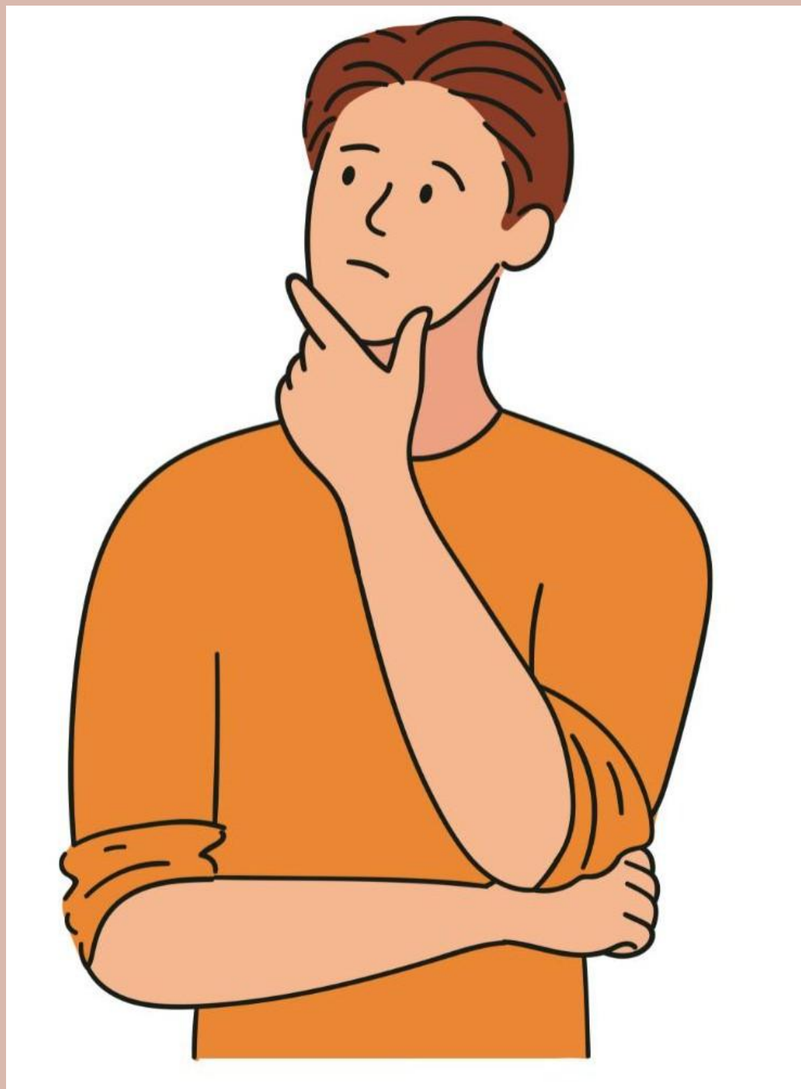
Moa sevis em yu ken painim insait long "*Alcohol and Other Drugs (AOD) Services Map for Multicultural Communities in Queensland*"

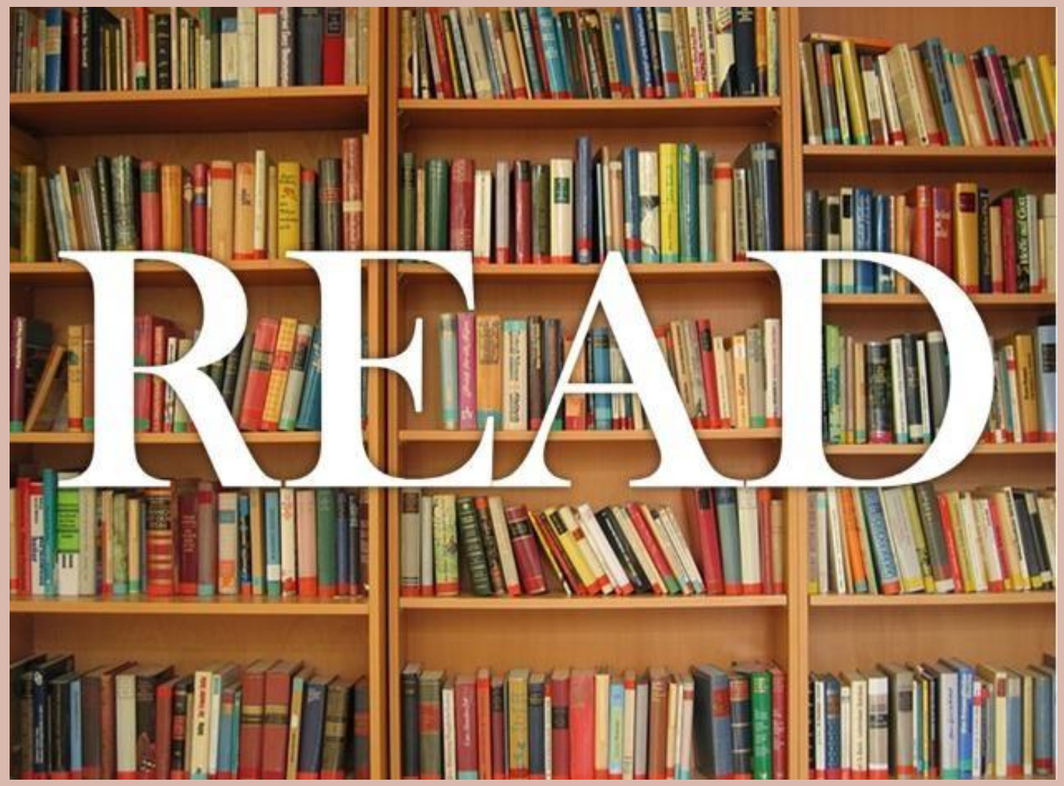
Ol impoten toktok

- **Leps/rileps:** Wanpela sotpela taim we man o meri i go bek na yusim drag o alkohol o em kontinu long go bek na yusim alkohol o drag bihain long em i bin stop long yusim o daunim mak we em i bin save yusim.

- **Rihebilitesen (riheb):** Wanpela progrem we i gat straksa na i save givim sapot long helpim ol manmeri long stop o daunim mak bilong drag o alkohol we ol i save yusim.

- **Ham ridaksen:** Ol metod o rot bilong daunim ol risk na bagarap we i save kamap long drag yus, eksampel, nidel na sirinj progrem (NSP) - givim fri sterail injekting ikwipmen long daunim ol bagarap we i ken kamap taim ol lain i injektim ol drag, kain olsem HIV, hepataites C, hepataites B na ol injeri we i kamap bikos long ol injeksen na ol infeksen tu



Ekstra 

ING

Kanabis marasin (mariwana)

Kanabis marasin (o medikel kanabis)

- Em i ligel insait long Australia, tasol i gat bikpela regulesen na kontrol
- Wanpela helt woka i mas priskraibim long yu
- Ol i save yusim long daunim o kontrolim ol sain bilong sampela medikel kondisen kain olsem pen we i stap save longpela taim o kronik pen





Ol ples we infomesen i kam long en: www.healthdirect.gov.au/medicinal-cannabis; www.qld.gov.au/health/conditions/all/medicinal-cannabis/access

Ol nupela saikoektiv sabstens (NPS)

- Wanpela grup bilong ol drag we ol i bin menufeksarim long bihainim ol narapela ilisit drag, kain olsem kanabis, kokein, MDMA
- Ol narapela nem: synthetic drugs, legal highs, herbal highs, party pills na kain olsem.
- No gat lain i save gut long ol dispela drag, i no gat kontrol o regulesen na i no gat test i bin kamap long ol



Ples we infomesen i kam long en: https://adf.org.au/drug-facts/new-psychoactive-substances/

Sampela iligel drag prais

Sabstens	Tipikel kwanteti/yunit	Everij prais
Metamfetamin	0.1g (wanpela ‘point’) 1g	$50 $200-$250
Kanabis (we ol i bin draim)	1 - 1.5g (wanpela ‘stick’) 2.5 – 3.5g (wanpela ‘50’) 14g (wanpela ‘half’) 28g (wanpela ‘oz’)	$20-$25 $50 $125-200 $250-350
Heroin	0.1g (wanpela ‘point’) 1g	$50-$100 $300-$500
Kokein	1g (wanpela ‘bag’) 3.5g (wanpela ‘ball’)	$300-$400 $1000-$1600
MDMA (ekstasi)	Kepsul 0.1g-0.2g (wanpela ‘cap’) Pill 0.1g-0.2g (wanpela ‘pinger’) 1g kristel o pauda	$25 $25 $150-$250
Ketamin	1g	$200
LSD	1 tab (blotter)	$25

Tenkyu

www.quihn.org

www.eccq.com.au

QuIHN and ECCQ’s Love Health Program

wantaim fanding sapot i kam long Queensland Mental Health

Commission March 2026

Dispela PowerPoint em ol i bin yusim Canva long disainim na ol i bin mekim liklik senis long disain. Sampela imij em ol i bin yusim ol atifisel intelijens (AI) tul long kamapim. Olgeta ol onlain ples we infomesen i kam long en em mipela i tokaut long ol insait long ol presentesen na mipela i bin kisim ol dispela infomesen bipo long de 30 bilong mun Mas 2026.